

SUBSCRIPTION

More than just preventive tests, drugs or medical advice. It is a holistic system of Age Management, which is key to achieving desired results.

	POPULAR	
<p>Basic</p> <p>Basic package of health support. A minimum of laboratory tests, high-quality, effective supplements and help in forming daily, healthy habits. 20% health improvement with minimal cost.</p> <p>175 USD/MTH equivalent in hryvnias</p> <p>SELECT SUBSCRIPTION </p> <ul style="list-style-type: none"> • Healthy lifestyle 2.0 • Supplements 	<p>Optimum</p> <p>Best choice for X2 effect. Full medical support, extended, regular check-up and powerful drugs that ensure optimal results.</p> <p>700 USD/MTH equivalent in hryvnias</p> <p>SELECT SUBSCRIPTION </p> <ul style="list-style-type: none"> • Healthy lifestyle 2.0 • Supplements • BHRT 	<p>Intensive</p> <p>Advanced version of the optimal package for advanced users. Suitable for those who seek the fastest and most expressive changes.</p> <p>1200 USD/MTH equivalent in hryvnias</p> <p>SELECT SUBSCRIPTION </p> <ul style="list-style-type: none"> • Healthy lifestyle 2.0 • Supplements • BHRT • Growth hormone / "Ozempic+

Medical screening:

1. "Brussels Consultative Protocol" _ every 2 months.			
2. Annual check-up 4-5 indicators		20-35 indicators	35-50 indicators
3. Interim screenings, every 2-3 months. 4-5 indicators		10-15 indicators	10-15 indicators
4. Instrumental diagnostics, once a year (or as prescribed by the Age Manager)		Ultrasound of various organs and systems	Ultrasound of various organs and systems, if indicated - gastroduodenoscopy, colonoscopy, mammography (for women), bioimpedance measurement, etc.
5. Consultation with a Specialist, once a year (or as prescribed by the Age Manager)		urologist (male)/gynaecologist (female)	urologist (male)/gynaecologist (female)
6. Evaluate the dynamics of health indicators (including laboratory data) in the form of infographics		every 6 months	every 3 months

Medications / supplements, BHRT, etc.:

1. Supplements: vitamins, minerals, pro-hormones			
2. BHRT (drugs for hormone replacement therapy)		DHEA/testosterone/thyroid (thyroid medication)/estrogen and progesterone (for women)/cortisol/melatonin, etc.	DHEA/testosterone/thyroid (thyroid medication)/estrogen and progesterone (for women)/cortisol/melatonin, etc.
3. Big Pharma drugs			Growth hormone and/or IGF-1 (to correct overweight and glucose metabolism), GLP-1 receptor agonists (for weight control and to correct carbohydrate metabolism)

Medical consultation:

1. On-line consultation with an Age-Manager doctor (once every 2 months).			
2. Consultation support by an Age Management doctor		in text message format	on-line
3. Consultation support of a Nutritionist		for an additional fee	
4. Consultation with a highly-specialised GAMA Advisory Panel doctor (as prescribed by the Age Manager)		for an additional fee	

Personal client-manager:

Within the chosen subscription type			
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