










# SUBSCRIPTION




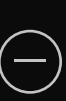


More than just preventive tests, drugs or medical advice. It is a holistic system of Age Management, which is key to achieving desired results.

	POPULAR	
<p><b>Smart</b></p> <p>Basic package of health support. A minimum of laboratory tests, high-quality, effective supplements and help in forming daily, healthy habits. 20% health improvement with minimal cost.</p> <p><b>110 USD/MTH</b> equivalent in hryvnias</p> <p>SELECT SUBSCRIPTION </p> <ul style="list-style-type: none"> <li>• Healthy lifestyle 2.0</li> <li>• Supplements</li> </ul>	<p><b>Optimum</b></p> <p>Best choice for X2 effect. Full medical support, extended, regular check-up and powerful drugs that ensure optimal results.</p> <p><b>700 USD/MTH</b> equivalent in hryvnias</p> <p>SELECT SUBSCRIPTION </p> <ul style="list-style-type: none"> <li>• Healthy lifestyle 2.0</li> <li>• Supplements</li> <li>• BHRT</li> </ul>	<p><b>Intensive</b></p> <p>Advanced version of the optimal package for advanced users. Suitable for those who seek the fastest and most expressive changes.</p> <p><b>1200 USD/MTH</b> equivalent in hryvnias</p> <p>SELECT SUBSCRIPTION </p> <ul style="list-style-type: none"> <li>• Healthy lifestyle 2.0</li> <li>• Supplements</li> <li>• BHRT</li> <li>• Growth hormone / "Ozempic+</li> </ul>







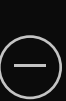

## Medical screening:

1. "Brussels Consultative Protocol" _ every 2 months.			
2. Annual check-up <b>4-5 indicators</b>		<b>20-35 indicators</b>	<b>35-50 indicators</b>
3. Interim screenings, every 2-3 months. <b>4-5 indicators</b>		<b>10-15 indicators</b>	<b>10-15 indicators</b>
4. Instrumental diagnostics, once a year (or as prescribed by the Age Manager)		<b>Ultrasound of various organs and systems</b>	<b>Ultrasound of various organs and systems, if indicated - gastroduodenoscopy, colonoscopy, mammography (for women), bioimpedance measurement, etc.</b>
5. Consultation with a Specialist, once a year (or as prescribed by the Age Manager)		<b>urologist (male)/gynaecologist (female)</b>	<b>urologist (male)/gynaecologist (female)</b>
6. Evaluate the dynamics of health indicators (including laboratory data) in the form of infographics		<b>every 6 months</b>	<b>every 3 months</b>




## Medications / supplements, BHRT, etc.:

1. Supplements: vitamins, minerals, pro-hormones			
2. BHRT (drugs for hormone replacement therapy)		<b>DHEA/testosterone/thyroid (thyroid medication)/estrogen and progesterone (for women)/cortisol/melatonin, etc.</b>	<b>DHEA/testosterone/thyroid (thyroid medication)/estrogen and progesterone (for women)/cortisol/melatonin, etc.</b>
3. Big Pharma drugs			<b>Growth hormone and/or IGF-1 (to correct overweight and glucose metabolism), GLP-1 receptor agonists (for weight control and to correct carbohydrate metabolism)</b>

## Medical consultation:

1. On-line consultation with an Age-Manager doctor (once every 2 months).			
2. Consultation support by an Age Management doctor		<b>in text message format</b>	<b>on-line</b>
3. Consultation support of a Nutritionist		<b>for an additional fee</b>	
4. Consultation with a highly-specialised GAMA Advisory Panel doctor (as prescribed by the Age Manager)		<b>for an additional fee</b>	

## Personal client-manager:

Within the chosen subscription type			
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